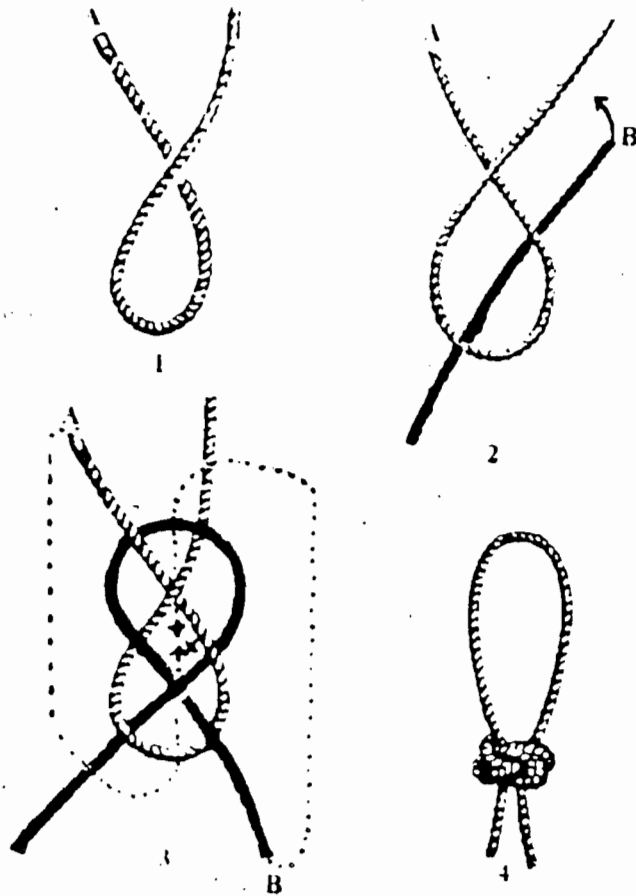


How To Tie The Diamond Knot For The Rover Progress Thong

1. Lay one of the ends (A) of the thong in a loop shaped as in Fig. 1.
2. Taking up the second end (B) lay it under the loop as in Fig. 2.
3. Weave end B over the first cord, under the second, etc., finishing as shown in Fig. 3. The knot, still in an unfinished state, is the "Double Carrick Bend."
4. Now lead the ends (A and B) in direction indicated by the dotted lines (making sure beforehand that you have them sufficiently long for the purpose), and bring under the knot and up through the opening X. Bring the two ends together and gradually work up the knot as tightly as possible.