

ALLEGHENY
NATIONAL
FOREST

HIKING
TRAILS



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**ALLEGHENY NATIONAL FOREST
HIKING TRAILS**

In 1968, Congress passed the National Trails System Act. Two trails were made initial components of the National Trails System and 14 proposed trails were designated for study for possible future addition. The "North Country Trail" was one of the 14 proposed trails and, if ever completed, will cover a distance of 3,200 miles, linking the Appalachian Trail in Vermont with the Lewis & Clark Trail in North Dakota.

The North Country Trail was designated a National Scenic Trail in March 1980, and is now a component of the National Trails System. There are approximately 95 miles of North Country Trail on the Allegheny National Forest.

At present, the designated hiking trails in Allegheny National Forest are:

Johnnycake Trail - Follows Johnnycake Run for 2 miles and ends at the primitive Handsome Lake Campground (not accessible by vehicle). It is shown on the Forest Recreation Map on the east side of the Allegheny Reservoir, just north of Handsome Lake Campground and west of Tracy Ridge Campground. This trail is marked with blue blazes. 2.4 miles Bradford Ranger District.

North Country Trail - 95 miles of completed trail, marked with white blazes and signed at road crossings, it is the longest trail in the Forest. The trail is signed and complete from Willow Bay Recreation Area, located one mile south of the New York--Pennsylvania State Line on the eastern shore of Allegheny Reservoir. It then travels south to Tionesta Scenic Area, leads westward through Cherry Run and Henry Mills, skirts the northern end of Minister Valley Trail, continues westward to Dunham Siding, south again through Kellettsville to Baker Trail location at the Forest Boundary south of Muzette. Hikers can make use of primitive camping facilities at Handsome Lake and Hopewell "boat access" campgrounds along the eastern shore of Allegheny Reservoir. 94.7 miles.

Bradford Ranger District

	<u>Miles</u>
New York State Line to Willow Bay.....	1.5
Willow Bay to Sugar Run (near Nelse Run).....	10.3
Sugar Bay (near Nelse Run) to Rt. 59.....	5.8
Rt. 59 to Rt. 321 (near Chappel Fork).....	5.7
Rt. 321 near Chappel Fork to Rt. 321 (Red Bridge).....	5.0

Bradford & Ridgway Ranger Districts

Rt. 321 (Red Bridge) to Rt. 6.....	7.6
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Ridgway & Sheffield Ranger Districts

Rt. 6 to Rt. 948 (near Cherry Run).....	10.8
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Sheffield Ranger District

Route 948 (near Cherry Run) to Henrys Mills (Rt. 666)..	3.8
Henry Mills to Minister Road.....	11.4
Minister Road to Dunham Siding (FS Rd. 116).....	5.7
Dunham Siding to Kellettsville (Rt. 666).....	11.8

Marienville Ranger District

Kellettsville to Amsler Springs.....	12.9
Amsler Springs to Allegheny N.F. Boundary.....	2.4

Tanbark Trail - Begins at Dunham Siding and runs northwesterly to the Allegheny River (Rt. 62) 8 miles north of Tidioute. This trail is 9 miles long, is marked with blue blazes, and passes through some of the most primitive woodland on the Allegheny Plateau. 8.9 miles.

Sheffield Ranger District

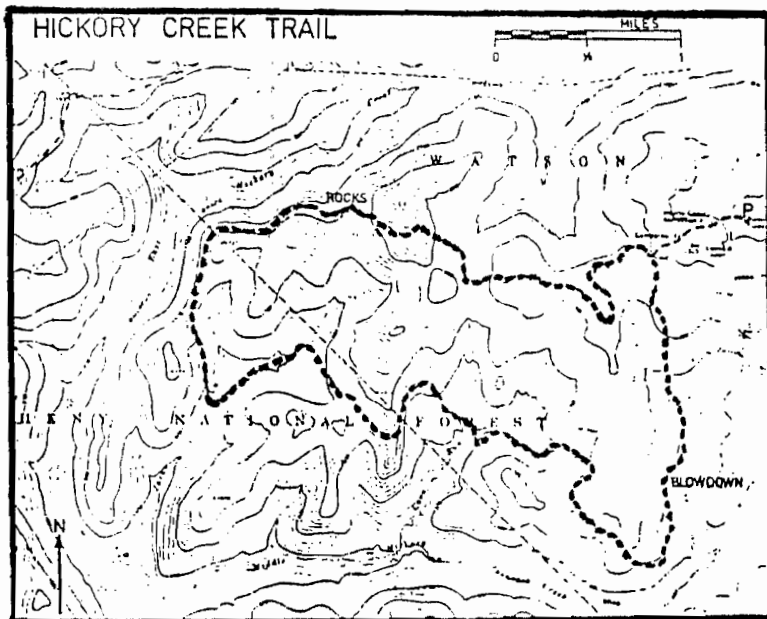
Dunham Siding (FS Rd. 116 to Rt. 337 Sandstone Springs..... 5.9
Rt. 337 to Allegheny River..... 3.0

Twin Lakes Trail - Second longest trail on the Forest, it begins with the "Black Cherry Trail" and follows a primitive wooded setting for 15 miles. Marked with blue blazes, the Twin Lakes Trail extends from the Twin Lakes Recreation Area to Spring Creek near Nansen northwesterly to the Tionesta Scenic Area. 13.3 miles.

Ridgway Ranger District

Tionesta Scenic Area to Route 66..... 9.0
Route 66 to Twin Lakes..... 4.3

Be aware of the danger of **hypothermia**--subnormal temperature of the body. Lowering internal temperature of body leads to mental and physical collapse. **Hypothermia** is caused by exposure to cold and is aggravated by wet, wind and exhaustion. It is the number one killer of outdoor recreationists.

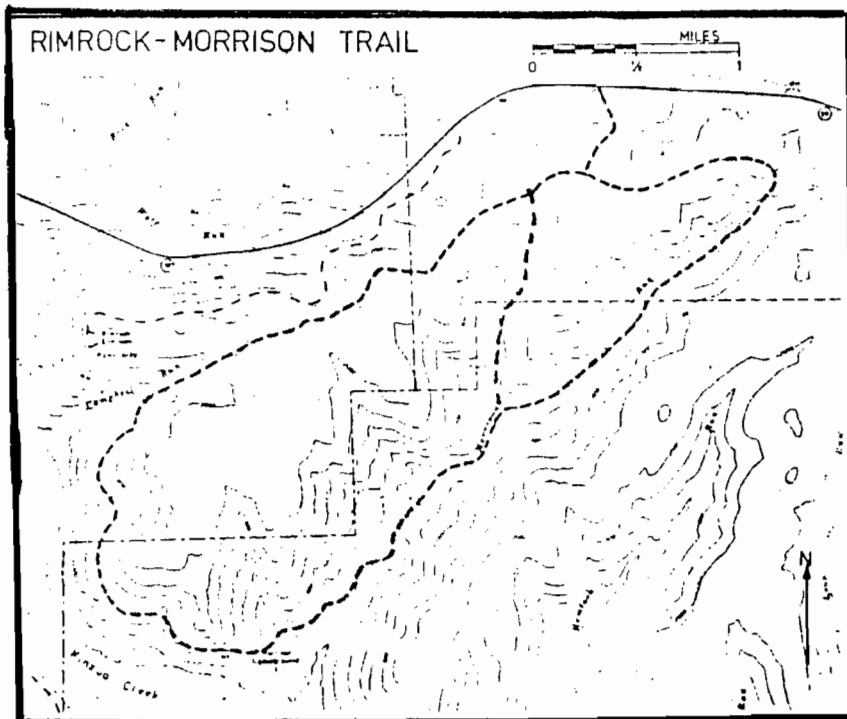


Hickory Creek Trail - Forms a 12-mile loop on rolling terrain that begins at the Hearts Content Picnic Area. From Hearts Content, the trail heads westward along the top of the plateau between East Hickory and Middle Hickory Creeks. Reaching Jacks Run, it loops back eastward, climbing in and out of several small valleys along the way. The trail is marked with yellow blazes. 12 miles. Sheffield Ranger District.

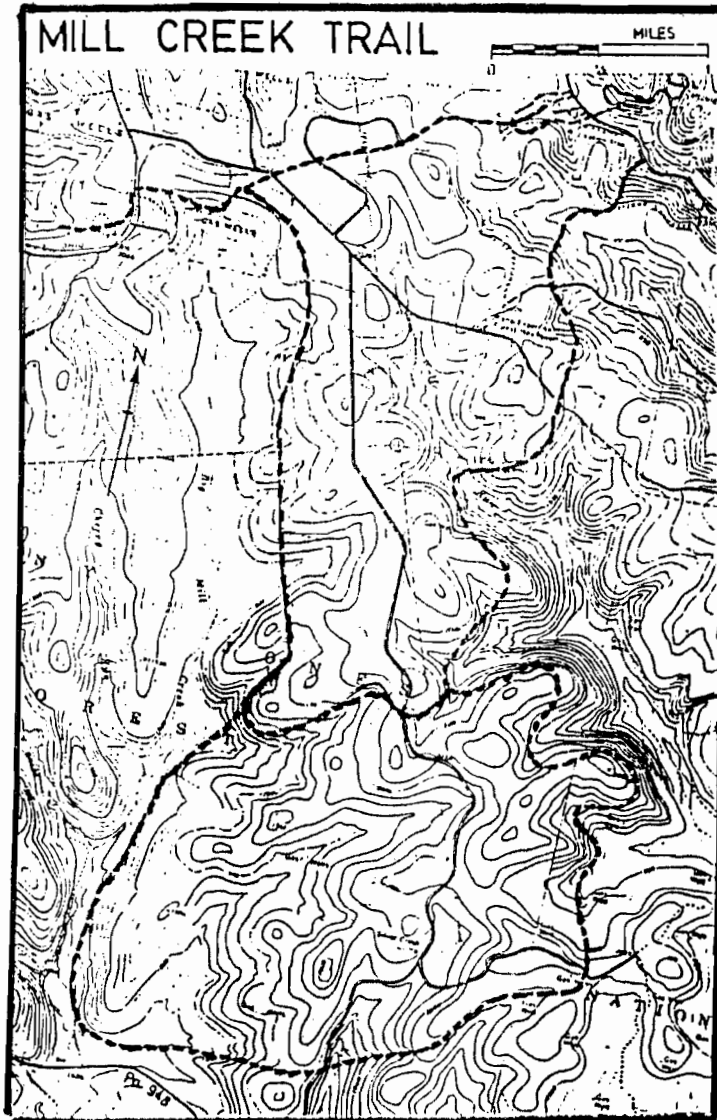
MISHAPS ARE RARE, but they do happen. Should one occur, remain calm. In case of an accident, someone should stay with the injured person. Notify the nearest state, local, or federal law enforcement office or aid.

If you become lost, stay where you are and keep warm. If a group member becomes lost, remember a description of how the person was dressed, the time, and the location where the person was last seen.

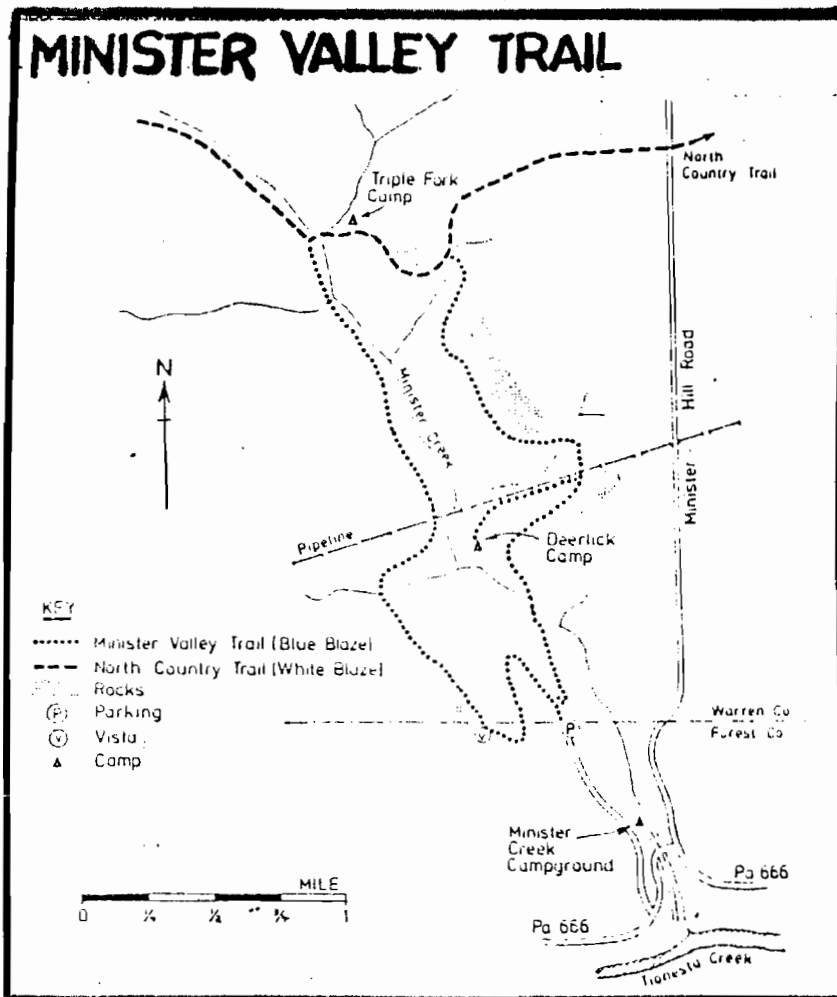
Rimrock Morrison Trail - Forms a loop about 11 1/2 miles long on steep terrain. Beginning on Route 59 about 3/4 miles east of the Rimrock entrance road, the trail heads southwest along the ridgetop to Morrison Boat Access Campground on the Allegheny Reservoir. From there, the trail heads up Morrison Run and splits at a major fork in the stream to form two possible loop trips. The trail is marked with blue blazes. 11 1/2 miles. Bradford Ranger District



Mill Creek Trail - Forms a loop about 13 1/2 miles long on flat to gently rolling terrain. Starting at the Twin Lakes Recreation Area, the trail meanders southward, skirting the edge of a broad ridge and crossing several small streams. Near Route 948, the trail turns northward along Big Mill Creek until it joins with the TWIN LAKES TRAIL. A short connecting trail about halfway through the loop allows the hiker to take a shorter trip. The trail is marked with yellow blazes. 13 1/2 miles. Ridgway Ranger District.



MINISTER VALLEY AREA
ALLEGHENY NATIONAL FOREST
U.S. DEPARTMENT OF AGRICULTURE



Minister Valley Trail - Forms a five-mile loop. Starting at the Minister Creek Recreation Area, it follows the valley on both sides of Minister Creek, where it joins the NORTH COUNTRY TRAIL to the north. The trail is marked with blue blazes. Parking is available off Rt. 666, west of Minister Creek Recreation Area. 5 miles. Sheffield Ranger District

NATIONAL RECREATION TRAILS

THE 1968 National Trail System Act is designed to promote the development of trails in both urban and rural settings for persons of diverse skills and interests and differing physical abilities--the young, the handicapped, the aged. The Act directs that a National Trails System be established that includes National Scenic, National Historic, and National Recreation Trails. The system is still in its fledgling stage.

National Recreation Trails may be of varying lengths and may be managed by public agencies or private organizations or interests. They are designated by the Secretary of Interior or the Secretary of Agriculture. Such designation of a trail guarantees that the trail will be available for public use for at least ten consecutive years.

The Allegheny National Forest has two National Recreation Trails, Black Cherry and Tracy Ridge.

PACK IT IN - PACK IT OUR. If you can carry it in, you can carry it out. Or why not go one step further and carry out trash that less thoughtful people have left behind.

Black Cherry
National Recreation Trail

The Black Cherry Trail both begins and ends in the lower loop of the Twin Lakes camping area. Thirty-six interpretive stops depict unique and interesting aspects of the "Forest Community." Designed for a leisurely, education-type hike, the trail provides an easy walk for all age groups. The shorter loop cuts off halfway through the main trail, allowing a shorter hike for those not wishing to hike the longer trail. The trail also intersects the Twin Lakes Trail which joins the North Country Trail. Use of the Black Cherry Trail in combination with these other trails offers the user a leisurely hike, a delightful day's outing, or a challenging multi-day trip. 1.2 miles. Ridgway Ranger District.

Tracy Ridge
National Recreation Trail

The Tracy Ridge Trail begins on Rt. 321 near Tracy Ridge Campground and runs westward along a wildly wooded ridgetop for four miles before ending at an intersection with the North Country Trail. In conjunction with the Johnnycake Trail it forms a loop system which is a comfortable one-day hike. This trail is marked with blue blazes. 4.2 miles. Bradford Ranger District

< >
< TELL OTHERS WHERE YOU ARE GOING. Always leave >
< your trip plan with a member of your family or a >
< close friend. If planning a trip of more than one >
< day, you may wish to notify the appropriate >
< District as well. >
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FOR ADDITIONAL INFORMATION ON HIKING TRAILS (PENNSYLVANIA AND OTHERS) WRITE TO:

Baker Trail - American Youth Hostels, Inc., Pittsburgh Council, 6300 Fifth Avenue, Pittsburgh, Pa. 15232.

Black Forest Trail - 42.21 mile loop trail located in the NW corner of Lycoming County near the Slate Run Village: Pa. Dept. of Environmental Resources, Bureau of Forestry, 423 E. Central Avenue, South Williamsport, Pa. 17701 (Map - \$1.25)

Chuck Keiper Trail - 50 miles. Dept. of Environmental Resources, Seventh and Huron Avenue, Renovo, Pa. 17764

Laurel Highland Trail - 70 miles long from Ohiopyle to near Johnstown, open year-round, free registration/reservation required for overnight hikers: Department of Environmental Resources, Laurel Ridge State Park, R.D. #3, Rockwood, Pa. 15557.

Loyalsock Trail - Starts 10.1 miles north of Montoursville, Pa. on Route 87 and extends 57.93 miles to Ringdale on U.S. Route 220; 7 alternate trails; 3 lead-in trails, scout loop adding 2.03 miles: The Alpine Club of Williamsport, P.O. Box 501, Williamsport, Pa. 17701

Golden Eagle Trail - 8.6 mile circuit trail, located 2.9 miles north of Cammal on Route 414: Department of Environmental Resources, Bureau of Forestry, 423 E. Central Avenue, South Williamsport, Pa. 17701.

Horseshoe Trail - Begins at Pa. 23 and Pa. 252 in Valley Forge National Park and runs 120 miles west and north to join the Appalachian trail on the crest of Stony Mountain in Dauphon County: Horseshoe Trail Club, Inc., Mrs. Robert L. Chalfant, 509 Cheltena Avenue, Jenkintown, Pa. 19046.

Mid-State Trail - 80 miles long. 1979 edition of the trail manual written for Mid-State Trail sent to anyone on specific request; 6th edition of the map and guide set to the Mid-State Trail \$2.50. PSOC Hiking Division, Room 4, Intramural Building, University Park, Pa. 16802

Rachel Carson Trail - 33 miles from Harrison Hills Park to North Park (entirely within Allegheny County); 6 topo maps (20 pages) \$.50 American Youth Hostels, Inc., Pittsburgh Council, 6300 Fifth Avenue, Pittsburgh, Pa. 15232

Susquehannock Trail: Potter Co. Rec. Inc, PO Box 245, Coudersport, Pa. 16915

NOTE:

Guides to The Appalachian Trail (including maps, patches, and a magazine sub-subscriptions: Appalachian Trail Conference, P.O. Box 236, Harpers Ferry, West Virginia 25425. (Prices vary.)

Brochure - National Scenic & Recreation Trails:

Superintendent of Documents, |

U. S. Government Printing Office, Washington, D.C. 20402 (\$.60)

90-page book - Pennsylvania Hiking Trails: Keystone Trails Association, P.O. Box 251, Cogan Station, Pa. (\$ 2.80)*

96-page Guide to the North Country Trail: Bill Dzombak, 621 Spring Street, Latrobe, Pa. 15650. (Price is \$ 4.87) Make checks payable to "Allegheny Group, Sierra Club")*

* Some information on Allegheny National Forest trails included.

CHECK LIST

- Backpack
- Tent or Tarp
- Rope (nylon cord)
- Needle and Thread
- Sun Tan Lotion
- Cooking utensils
- Small Pliers
- Air Mattress or Ground Cloth
- Dishes - Plates, Cups and Cutlery
- Food: 1.2 lbs. per person per day
- Flashlight (with extra bulb and batteries)
- Clothing: slacks or jeans, long-sleeved cotton shirt, wool shirt or sweater, parka or wind-breaker, wool socks, underwear, raingear.
- First Aid Kit: band-aids, compresses 4-inch Ace bandage, triangular band-age, antiseptic, aspirin, eye wash, adhesive tape, bug repellent
- Maps
- Safety Pins
- Sleeping Bag
- Toilet Tissue
- Knife
- Ax or Hatchet
- Matches
- Soap and Towel

PLAN YOUR TRIP - Before you hike, study maps or the area, learn the terrain. and get permits if necessary. (Permits are not required on the Allegheny.) Be familiar with all options--time, alternative routes, and weather. Keep in mind the shorter daylight hours of Fall and Winter.

The Allegheny National Forest Recreation Map (\$1.00) and general information on the Forest (no charge) may be obtained by contacting any District Ranger or the Supervisor's Office, listed below:

Bradford Ranger District
 U.S.D.A. Forest Service
 Star Route #1, Box 88
 Bradford, Pennsylvania 16701

Ridgway Ranger District
 U.S.D.A. Forest Service
 R.D. #1, Box 28A
 Ridgway, Pennsylvania 15853

Marienville Ranger District
 U.S.D.A. Forest Service
 Marienville, Pennsylvania 16239

Sheffield Ranger District
 U.S.D.A. Forest Service
 Sheffield, Pennsylvania 16347

Allegheny National Forest
 U.S.D.A. Forest Service
 P.O. Box 847
 Warren, Pennsylvania 16365

